

Self-Enquiry EI & AI Meetup Online

Wednesday, February 1 at 11am PDT, 2pm EDT, 7pm UK/GMT with presentation by Bill Savoie

Thanks to Smaran, Sidika, and Zoom for helping to make this meeting possible. I also want to thank each of you for being part of this dyad learning community. The dyad is an amazingly powerful tool. (1)

The dyad is to spiritual practice, as the microscope is to Biology. In a dyad anyone can learn spiritual truth directly; and to test it out in themselves within a dialectic field of support. Use the information in this presentation to point to your own inner leadership, then follow that light to everything. Don't let me lay a trip on you. Have the courage to open reality and to know it directly. (2)

I assume all of us here, in zoom, already know Enlightenment Intensives use dyads to end self-doubt and self-hate. We work together to become fully ourselves, by waking up, having direct experiences, then becoming enlightened. This is what we do together, and it is the sales pitch. We come to get something precious. Unfortunately, higher states do not last. We go to an Intensive, then have a direct experience, then 3 months later (or less), fall back into self-doubt. Now we know we just need another Intensive. We find ourselves addicted to the rules and structures of dyads. Why isn't the "normal" world this way? (3)

Years can pass by, as off we go to another intensive. We are learning how to talk pretty, to exactly know what we want to say, and to become "more" successful in our spiritual progress. People listen when we speak. Unfortunately, all we are doing is becoming addicted to spiritual materialism. Although it might not be obvious, but this is the road to fascism. We have word answers for everything, and we are expert at laying trips on others. This is the road that Scientology took; this was our birthplace. Charles Berner, was kicked out of Scientology and placed on the enemies list. He moved to Costa Mesa California, and started a new religion, "The Institute of Ability." In May, 1966, I joined, and later became a ministerial student. In 18 months, we were zoned out of the city ("too many motorcycles!") (4)

But Charles got 40 acres of desert, in Lucerne Valley, CA, so we moved. As a ministerial student, laboring sunup to sundown, I lived frugally for 10 months on \$1000 in a 1961 Corvair van, in the desert, eating rice, powdered milk, and lentils! Eight of us created the 2000 square foot A-Frame "World Headquarters." This active spiritual community, financially poor, depending on each other, gave birth to the alive energy of the Enlightenment Intensives. (5)

I woke up, but was still addicted to Enlightenment Intensives, I needed the next step. One that is not yet talked about, but very much needed, "Waking Down." This path is very different, more surrender, and less talk. Everything I thought as special about "me", is relaxed, as I now started to trust life more. I now discovered that there was less and less difference between me and others. This path is full of grace, as low levels of joy started to up well. It is about learning to take apart all indirect perceptions; open to direct exposure, becoming open, tender. Starting this journey away from "normal" language, as I started to see God everywhere and in everyone, I call it "The Great Nameless Ocean." (6)

In Ocean view, see totality, all reality, in ways that directly connect. It is where babies start. We connect, but over time start to have ideas, then go into judgments about them. Direct becomes indirect, as we become independent thinkers. By thinking, in privacy, understanding becomes more comfortable, less exposed, less connected, and smaller. Ocean becomes distant. In time we come to conclusions we believe true. Spiritually it appears we start in Ocean and then when dead, return to Ocean, but this appearance is wrong. It is just all too small, these ideas leave us separated, back in ego mind, reacting to reality, and feeling victimized. (7)

I lost my connection to ocean, processing mental understandings and judgments. This comforting layer of thought is not awake. I separated from direct experience, in seven perception levels, dreaming, I was "awake." Trusting earth below, I mistrusted any power within. For me there are seven levels of indirect perception. These are structures that substitute themselves into awareness, giving us distance, and seemingly more control. Here are my seven layers of perception and their antidotes: (8)

- 1) Mental Perception: Disconnected speculations about the future or the past. It blocks out this moment.
Antidote: Feel more, avoid judging, learn how all the enneatypes work and don't use them.
- 2) Logical Perception: Mental ideas, that agree with others, or group thinking. It keeps us ignorant.

Antidote: Be your own person, be willing to lead others, pay more attention, and be open.

- 3) Body Perception: Non-conceptual reality, that needs support from others. Without love we will die.
Antidote: Recognize the body belongs to the whole universe. It is all our relationships. It will die.
- 4) Sexual Perception: The path from spirit into the next body. How the larger reincarnation happens.
Antidote: Recognize all points of view before you act, be ethical, and ask for help. Karma keeps track.
- 5) Quantum Perception: Physical reality, all of matter and space. It is full of misunderstandings. The great Emmy Noether can teach us about Symmetry and open states of Samadhi. With love we can understand Plank's constant, Einstein's equation $E=mc^2$, String Theory, Dark Matter, Dark Energy and all of science.
Antidote: Be willing to learn much and stay open. Everything has meaning which we can experience.
- 6) Interpersonal Perception: The exact path of who we communicate with. We find ourselves in others.
Antidote: Be ethical, honest, open, and without privacy if possible. We are the other person, they us.
- 7) Time Perception: Where wisdom shows up, and the meaning behind all truth. We don't teach it.
Antidote: Open up beyond language and past understandings you had with others. Feel more.
- 8) Direct Experience: Nothing here is found by perception, it is all direct. No antidote needed. (9)

Science helped me. Quantum physics points to mysticism. Physicality is only a projection between two (self and other), by the fact the speed of light cannot be measured in one direction, it is always round trip. This means physical existence requires two; further evidence is the need in quantum mechanics to have an observer. In reality, Schrodinger's cat is not alive or dead until someone sees it. Outside is projection, further projection is needed, giving it a round trip experience. Everywhere we live, there is always another exactly like us. Everything is consciousness. Physical reality is further built out of two layers, first, elementary matter is built from misunderstandings, then second, our being in a body to eventual death is what others need, our God nature is kept in the closet. It is confusing. Living is wholly entangled with others, no matter where we look, there is nothing else. (10)

The work we are going to do is beyond any individual's power to make happen. We will use the Last Story, and dress it up for each of seven levels of perception. With focus we can conceptually decide each structure true, clearing it out, to see how each was automated: keeping us sleeping, distant, indirect, and isolated with respect to our true self. Deciding removes ambiguity. Use all focus and power to remove self-inflicted privacy. In this sense we are only using our "individual power" to fully remove "individual" power. We learn not to hide, or pretend we are separate. We open past self-definitions, to become infinite, to fall back, relaxing into the Great Nameless Ocean, our natural state. (11)

"We should cast aside all childish games that fetter and exhaust body, speech and mind; and stretching out in inconceivable nonaction, in the unstructured matrix, the actuality of emptiness, where the natural perfection of reality lies, we should gaze at the uncontrived sameness of every experience, all conditioning and ambition resolved with finality." Longchenpa (1308–1364)

Now we are, in some sense, beyond conceptual mind, to the last story which holds everything together. Maybe it will help us to fall into comprehension. What this means is our attention will not be seduced back into mind. We do not push anything away in privacy, by building a story with a "me" narrative. Of course, we do not do it alone, we were never alone. The reason for this "me" error is that we were not in touch with the Great Nameless Ocean. We do not recognize how everything subtle was affecting us. We did not see how the whole universe was helping, supporting, and teaching us. (12)

What I have presented here, is a short overview of my yet to be published book "The Bridge To One." Unfortunately, it is not possible to put 368 pages into two, much of what would support these ideas was left on the floor, and it is then left up to your imagination. If you want to read a draft copy, then email me at bsavoie@rocketmail.com and I will send you a link. Please do not send it out to others, as that might make it less possible that I can find a publisher.

Note: The speed of light can only be measured as a two-way speed. No one can measure the one-way speed of light. See the video: <https://www.youtube.com/watch?v=pTn6Ewhb27k>

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